and the time of the Yellow Emperor. While Western alchemy was concerned with the search for spiritual and material gold, classic Taoist alchemy was a mystical quest for immortality with its aim being union with the Absolute. Jean Cooper describes the history and development of Taoist alchemy, compares it to similar traditions in India and Tibet, and gives it context by contrasting it with the religion of the Western hermetic tradition. As she writes in her concluding chapter: "The whole work of alchemy is summarized up in the phrases "To make of his body a spirit and of the spirit a body"... The goal of the Taoist alchemist—naturally transformation, or perhaps more correctly, transfiguration, of the whole body until it ceases to "be" and is absorbed into and becomes the Tao. This is an essential guide for anyone interested in Chinese-legend and lore, Chinese magic and medicine, and Taoism.

Tao of Immortality: The Alchemical Teachings of Lu Xixing

Jung's life and his psychology reveal the Tao at work. His description of the natural world of the psyche is similar to the natural world as described by Taoists. The Tao of Jung is a study of the Tao in the life of Carl Jung, the founder of analytic psychology. It traces his life from his birth in 1875 to his death in 1961, and examines his work as a whole, including his theories of the psyche, his concept of the "collective unconscious," and his ideas about the "ego," the "anima," and the "soul." It also discusses his relationship with his wife, Clara, and his students, including H. C. G. Jung and C. G. Jung. The book is an important contribution to the understanding of the relationship between the individual and the collective unconscious, and to the understanding of the role of the Tao in the development of the individual.

Yijing and the Cantong qi, and Outlines the universal ebb and flow of yin and yang as the basis of the immortal elixir. It moves on to describe just how the Literati Path to Immortality: The Alchemical Teachings of Lu Xixing

Taoism and the Arts of China

A comprehensive guide to the core practices of the Universal Healing Tao System and the advanced esoteric practices of Inner Alchemy. The Tao of Immortality is a study of the Tao in the life of Carl Jung, the founder of analytic psychology. It traces his life from his birth in 1875 to his death in 1961, and examines his work as a whole, including his theories of the psyche, his concept of the "collective unconscious," and his ideas about the "ego," the "anima," and the "soul." It also discusses his relationship with his wife, Clara, and his students, including H. C. G. Jung and C. G. Jung. The book is an important contribution to the understanding of the relationship between the individual and the collective unconscious, and to the understanding of the role of the Tao in the development of the individual.

Science of the Magical: From the Elements of Mysticism, the Meta-physical and Magical Elements of the Mind and Body to the Creation of the Mind and Body in the Magical Universe

Kaplan plumbs the rich, lively, and surprising history of the magical objects, places, and rituals that infuse ancient and contemporary myth. Like Ken Johnson's The Tao of Jung, Kaplan's book is modeled on the relationship between the individual and the collective unconscious, and offers a deeper understanding of the role of alchemy in the development of the individual.